



**3A, 4A Region 1
Alligator Lake Park
November 7th, 2020
420 SE Alligator Gln
Lake City, Florida 32025**

**Hosted by B3R Sports
Contact: Dusty Smith
dusty@b3rsports.com**

Coach Information

Coaches, after districts if you have qualified to regionals please e-mail me so I can send you additional information, dusty@b3rsports.com. The course will be open Friday at 2 pm until the gates close at 5 pm. Please let your parents, grandparents, uncles, cousins anyone who is coming to the region know that we will be charging \$10 for parking and \$7 per person! Coaches please let your parents know that there are **NO PETS** allowed in the park. Any dogs brought into the park will have to remain in a vehicle unless they are a service animal.

Schedule

Friday Packet Pick up	2:00 p.m.-5:00 p.m.
Gates Close	5:15p.m.
Gates Open	5:15 a.m.
Saturday	
Coaches Meeting	7:00 a.m./ Online
Girls 4A R1	7:20 a.m.
Girls 3A R1	7:50 a.m.
Boys 4A R1	8:20 a.m.
Boys 3A R1	8:50 a.m.
Awards	Following the last race

Online Coaches Meeting

After the district meets there will be an online coaches meeting on www.b3rsports.com. Make sure to print this off and bring it to packet pick up.

Tent/ Portable Toilet Rental

If you would like to rent your own portable toilet or tent that will be set up for you the morning of the meet, please email dusty@b3rsports.com No later than 10/30/20

Parking/ Admission

There will be a \$10.00 per vehicle charge for spectator parking. Team buses and team vans are free, if a parent has an athlete in the car, they still must pay \$10. Since this is a regional meet, we will also be charging \$7 per spectator.

Coaches please make sure your parents are aware of this!

Packet Pick-Up

Packet pick up will start when the course opens Friday at 2:00 p.m. and end at 5 p.m. It will open again Saturday morning at 5:30 a.m. when the gates open. Coaches please make sure you get your packets 30 minutes before your race to ensure enough time to get the timing chips signed out and onto your runner's shoes. Coaches will oversee returning the timing chips back where they picked their packets up. Packets can be picked up in front of the main entrance to the course.

Awards



Host Hotel

For host hotel information please visit the regional meet page on www.b3rsports.com.

Course Map

Can be found on the event page on www.b3rsports.com

Concessions

We will have a food vendor on site for coffee and breakfast foods.



Custom Mile Markers

We have custom mile markers as well as kilometer markers.



Lead Cart



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