

Travel Plans for Flagler Pinnacle Meet -2/8

Address: Flagler Palm Coast High School, 5500 E. Hwy. 100, Palm Coast, Fl. 32164

Bus Leaves Buchholz: 12:30

Bus arrives at FPC: approx. 2:30

Field Events start: 2:00 in this order_

Boys Discus (girls follow) Girls Shot put (boys follow) Boys and Girls Long jump, B & G Triple jump (follows Long jump) Girls High jump, (boys follow)

Discus/shot- ANDY, ALPHONSO, SETH. **HIGHJUMP, LONG JUMP, TRIPLE JUMP:** TERRANCE

Running events start at 4:00 in this order:

600m run (G/B) ALLISON, KYLIE, MAGGIE, TAYLOR. CADE, SAGE, NATHAN, KIRAN, DADRIAN, BAILEY

Girls 100 hurdles JULIANNA, LENA

Boys 110 hurdles

100 m dash(G/B) YOLANDA, SORAYA, ELLENIA, FARAH, DESIRAE, QUANDARIS, MICHAEL W, NICK D., T.J.HINES, SAMUEL, MICHAEL J.

1600 m run (G/B) GLENNA, KYLIE, ESTHER. THURMAN, LUKE, WRIGLEY, JON, BRANT, CARLOS

4 x 100 Relay (G/B) VAN, WALLACE, DELREY, PEPRAH,-ASANTE, WILLIAMS

HOLMES, WILLIAMS, MITCHELL, SMITH, HINES

300 m Dash (G/B) SAGE, DEANDRE, NATHAN L., REGINALD L, GREGORY R., CAMERON T.

300 Hurdles (G/B) JULIANNA, LENA

800 m run (G/B) NATHAN, LUKE, MAX, DADRIAN, JON, GORDAN

200 m Dash (G/B) YOLANDA, XANIAH, SORAYA, ELLENIA, FARAH, DESIRAE

MICHAEL W., QUANDARIUS, JUSTIN D, SAMUEL, JAYDEN M.

1200 m run (G/B) ALLISON D., GLENNA, ESTHER, MAGGIE, CADE, KIRAN, THURMAN, WRIGLEY, JAKE, BAILEY

4 x 400 Relay (G/B) WILLIAMS, FIGUREROA, WALLACE, DELRAY. RICHARDS, SAGE, WILLIAMS, DANIELS, DEESE, NATHAN

Bus leaves Flagler: Approx. 9:00. Athletes will call to inform parents

Bus arrives Buchholz parking lot: Approx. 11:00

****Athletes need to bring food/money for dinner. Snacks/water/Gatorade WILL BE PROVIDED